

HOW TO TRULY BECOME AND STAY FLUENT IN ENGLISH

*We
develop a passion
for Teaching!*



INFINITY PODCASTS 637

The biggest mistake people make
when
learning English and probably one
of the
most common misconceptions is
that
people think that they need to
study
English and I say don't study
English
live English and now let me
explain what I mean
what does studying mean and how
do people usually approach this
process and how do people
perceive studying
studying means getting knowledge
about
something by reading examining it
in
detail or researching we usually
perceive studying to be hard and
boring

and something that you can usually
complete and leave behind like a
course
or when you study in school you
can't
wait to finish it and forget about it
when people think that they need
to study English they usually think
that
they need to take a course or work
with
a teacher one-on-one for some time
and
that'll be enough when they finish
it
they will know English and they
won't
need to go back to learning again
boy are they wrong well to be fair
to
each his own if your goal is just to
pass a test like IELTS then yeah
you

pass a test and you forget about it
that's why it's important to
determine
your goal do you need English to
pass an
exam or test do you learn it for fun
are
you actually serious about it and
you
want to truly become fluent in
English
do you need it for work or do you
have
an intention to move to an
English-speaking country a lot of
people
do need to just pass the ielts exam
so
they study for that they get their
band
and they just relax and stop
because
that was their goal you can reach a

certain level in English and maybe
even
a very good level but then what if
you
just quit practicing and using
English
your skills will worsen of course
you
can take breaks from learning if
you go
a month without saying a word in
English
and not listening to anything in
English
you'll be fine but if this period
expands to a year
you most likely are going to have
to
work on some skills once again
especially speaking and you might
forget
some vocabulary that's why I
prefer

living English what do I mean by
living
English you need to surround
yourself by
the English language so that you
have no
choice but to use it you need to
incorporate it into your life so
much so
that it doesn't feel like learning
anymore but is just a part of your
everyday life part of your routine
this
way you will not forget English
you will
not lose your skills on the contrary
you
will be only improving every day
little
by little you probably won't even
notice
your progress because it's gonna be
a constant thing but mark my

words one of
these days you'll be told that your
English is great and you'll be
amazed by
your English and you'll think to
yourself but wait how did this
happen
that wasn't hard at all and that's the
beauty of living the language you
improve while not even realizing it
although it might not be easy at the
beginning because it takes a bit of
an
effort and discipline but it'll be so
worth it because you can't just stop
learning and using a language and
expect
it to stay the same level have you
heard
the saying if you don't use it you
lose it
skills need to be maintained when
people go to college they can't wait

to finish
their studying and they do but
when they
do they usually proceed to
applying
everything they learned at their
jobs this helps them maintain and
enhance
their skills you need to maintain a
language so as not to lose it it's just
like with any other skill be it
playing
an instrument or driving a car after
a big break you need to work on
your skills once again you don't
forget them
completely but they get worse
that's why
people always find themselves in
this
vicious cycle of learning English
but
never becoming truly fluent in it

becoming fluent in English is a
goal for
a lot of people but the road they
choose
to get there oftentimes isn't the one
that's going to get them there by
the
road I mean the mindset with
which
people approach learning a
language and
the approach itself let's just take
my
family as an example we live in
Ukraine
and you will very rarely see a
tourist
here in our city that speaks English
and
finding someone to speak English
with is
also incredibly hard you can take
courses here of course and

participate
in speaking clubs but I think that
these
options are available pretty much
everywhere and they are not free
my
family kind of lives in its own little
world where we watch and listen to
everything in English I use English
for
my Instagram I write posts and
post stories in English
our two channels are in English I
read
everything in English I speak
English
with my husband and son because
we're
raising our son to be bilingual
however
way back when
i had lessons on Cambly I worked
with an

accent coach I took an accent
course I
participated in
English studying group and
speaking
clubs I made a lot of friends who i
could speak English with including
native speakers you know I talk
about
this in more detail in my video
called
how I became fluent in English so
even
if you live in a country where
nobody
speaks English and you have no
one to
practice with you can still live
English
believe me over time you get used
to this so much that you don't even
understand how you had lived
before and

why the heck you waited for so
long to
do that my husband for instance
never even had a goal to learn or
become
fluent in English but he didn't mind
when I asked him to create two
channels
in English and watch everything in
English and occasionally speak
English
he never checked any words or
practice
deliberately he just asked me about
the
things he was interested in and
now his
English is at a fairly good level for
a person who acquired it passively
and
lastly I wanted to say that one very
important thing you need to learn
to do is to enjoy English learning it

speaking
it and find your ways to have fun
with it
because if you think that doing all
of
this is too much and it feels like a
burden to you you're not gonna last
bye and improve yourself

ENGLISH PODCASTS